

SUNDAY, MARCH 10, 2024



# St. Mary of Mount Carmel Blessed Sacrament Parish

[www.mountcarmelblessedsacrament.com](http://www.mountcarmelblessedsacrament.com) and [www.facebook.com/mountcarmelblessedsacrament](https://www.facebook.com/mountcarmelblessedsacrament)

## ABOUT THE PARISH

- **Address:** 648 Jay St., Utica, NY 13501.
- **Telephone:** 315-735-1482; fax: 315-735-9806.
- **Office hours:** 9 a.m. to 3 p.m. Monday through Thursday. Closed on Friday and national holidays.
- **Faith Formation and Scalabrini Center:** 315-724-3950.
- **Email:** stmaryutica@syrdio.org
- **Hearing impaired:** Listening devices available in the sacristy.

## MASS SCHEDULES

### Weekend

- **Saturday:** 4:30 p.m. (livestream on parish YouTube channel)
- **Sunday:** 8 and 11 a.m.

### Weekday

- **Monday and Tuesday:** 8:30 a.m. at St. Anthony & St. Agnes.
- **Thursday and Friday:** 8:30 a.m. in our parish.
- **Please note:** No morning Mass if Utica schools are closed due to inclement weather.

### Holy Days

- Consult the bulletin and website.

## RECONCILIATION

- **Saturday:** 3:45 p.m.

## MARRIAGE

- Couples must make arrangements six months in advance.

## BAPTISM

- Call the parish office to arrange. Parents must attend a preparation class prior to the baptism of their child.

## RITE OF CHRISTIAN INITIATION OF ADULTS

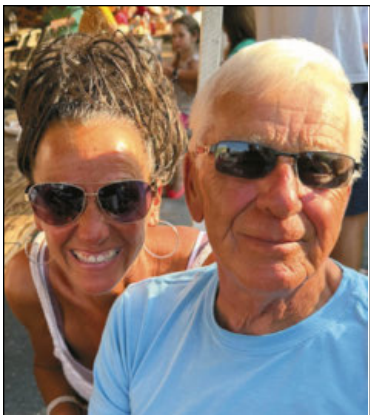
- Adults or children, 7 or older who have never been baptized or confirmed or received the Eucharist, are invited to call the parish office for information about this process.

## NEW PARISHIONERS

- Welcome to our parish family. We invite you to become an active participant of our parish community. Please be sure to register by calling the parish office.

## PARISH STAFF

- **Pastor:** Rev. Jim Cesta
- **In Residence:** Rev. Luis Olguin
- **Trustees:** Rocco Arcuri Sr. and Bill Thibault
- **Parish Office Manager:** Terri Piazza-Panuccio
- **Faith Formation K-6:** Terri Piazza-Panuccio
- **Faith Formation 7-10:** Anne Carlone-Elacqua
- **Music Director:** Peter Elacqua
- **Website Manager, Bulletin Editor:** Fran Perritano
- **Buildings and grounds:** Lenny Jones



## FATHER JIM'S WISE & OTHERWISE

# Some 'possessions' may be holding you back

A tourist from America paid a visit to a renowned Polish rabbi. He was astonished to see that the rabbi's home was only a simple room filled with books, plus a table and a bench.

"Rabbi," asked the tourist, "Where is your furniture?"

"Where's yours?" replied the Rabbi.

"Mine?" asked the puzzled American, "But I'm only a visitor here. I'm only passing through."

"So am I," said the rabbi.

Experienced travelers learn how much baggage is just enough. They take what they need and leave behind the nonessentials that would only be a burden. To move freely, they travel light.

Visitor, traveler, pilgrim — whatever word we use — each one of us is only "passing through."

How we go through life depends a lot on what

each of us decides is essential in the things we own, the attachments we form, the ideas that shape our lives. More and more people say they'd like to make changes in the way they live. On a personal level, questions such as these might be helpful to anyone who is serious about finding out what to hold on to and what to let go:

What possessions do I have that cause more trouble and worry than they're worth?

Do I waste valuable time and energy on things that don't really matter?

Does the desire for "bigger, better, more" crowd out the values of intimacy, communication and the giving of affection?

Do I feel good about my work, the people in my life, myself?

If I had only three months to live, what would I let go of and what would I hold on to?



### Lectors

**SATURDAY, MARCH 16**

**4:30 p.m. Mass**

Michael Arcuri and Carol Trinco (POF)

**SUNDAY, MARCH 17**

**8 a.m. Mass**

Mary Rose Leone and Barbara Inserra (POF)

**11 a.m. Mass**

Scott Bolen and Clara Dempsey (POF)

### Eucharistic ministers

**SATURDAY, MARCH 16**

**4:30 p.m. Mass**

Anthony Felitto, Julie Martin, Vito Valenzi

**SUNDAY, MARCH 17**

**8 a.m. Mass**

Edythe Trino, John Reale Sr., David Inserra

**11 a.m. Mass**

Marsha LaBella, La Aung, Lenny Jones

### Altar servers

**SATURDAY MARCH 16**

**4:30 p.m. Mass**

**Team A:** Kiernan and Addison Sullivan, Gia Zegarelli

**SUNDAY, MARCH 17**

**8 a.m. Mass**

**Team D:** Samie and Santo Cimbalo

**11 a.m.**

**Team H:** Vincent and Cecilia Hyatt, Greyson Ramirez, Madison Golding



### Parish website

For parish news and information, visit [www.mountcarmelblessedsacrament.com](http://www.mountcarmelblessedsacrament.com).

Scan the QR code to get the mobile version of the website and save it to your home screen Here's some of what you'll find:

- Wedding Planning Guide.
- Funeral Service Planning Guide.
- Weekly prayers, reflections, photos, videos and more to enrich your faith.
- Bulletin
- Mass schedules
- "More Good News" magazine



### Join our email list

Mount Carmel / Blessed Sacrament Parish has compiled a database of email addresses that is used to contact parishioners with the latest news and information. We ask all parishioners to submit their email address to Fran Perritano at [fperritano@syrdio.org](mailto:fperritano@syrdio.org) using the subject line **PARISH EMAIL**.



**March 2-3: \$5,614**

**Hope Appeal: \$28,463**

**Donate at Mass, by mail, online, cellphone**

- Make your donation by mailing it to: Mount Carmel / Blessed Sacrament Parish, 648 Jay St., Utica, NY 13502.
- You also can contribute online on our website. Look for the **DONATE** button in the right column.
- Or, scan the QR code below on your smartphone and tap **DONATE**.





## PARISH NEWS



### Lent is more than halfway over; how's it going?

There are two weeks left in Lent before Palm Sunday on March 24. Easter is March 31. Here are some things you still can do:

#### Stations of the Cross

At 12:15 p.m. each Friday during the season, there will be Stations of the Cross.

#### Daily prayer books

Those "little black books" with daily reflections and prayers are available for you to take home.

#### Operation Rice Bowl

The Catholic Relief Services' Rice Bowl will be available. Throw your spare change and currency into those little containers to help those less fortunate have a better life. There also is an envelope in your donation envelopes.

#### Holy Thursday Rosary

As part of our Holy Thursday evening, we will once again be reciting the Rosary following our choir's music and prayer service. Mike Dziura will once again be leading us.

#### Online resources

There also are many materials on our parish website ([www.mountcarmelblessedsacrament.com](http://www.mountcarmelblessedsacrament.com)). Click on the LENT icon at the top of the right column.

#### Living Stations of the Cross

There are two opportunities to attend:

- On Friday, March 22, Historic Old St. John's Church will host the Living Stations at 7 p.m.

- On Monday, March 25, youths from St. John the Evangelist, Annunciation, St. Mary's and St. Patrick / St. Anthony's parishes will host the stations at 7:30 p.m. at St. John's the Evangelist in New Hartford.

#### Sacrament of Reconciliation

"The Light Is On" penance service will take place from 4 to 7 p.m. Monday, March 25, at Mary, Mother of Our Savior Parish on its Lourdes campus. Area priests will hear your confessions.

### Items needed for Easter baskets, Blessing Bags

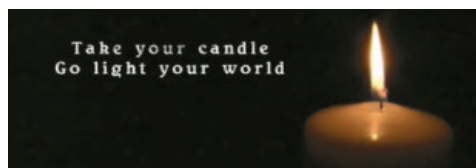
More often than not, it seems we are reminded of all the negative and hate-filled news in our world, but if each of us makes an effort to "Light Our World" together, we can make our world a more peace-filled and brighter place.

All you have to do are simple acts of kindness. (Call someone who is shut-in, donate to your local food bank or charity, say a kind word to someone, etc.)

Our K-6 Faith Formation students will be doing their part by making sandwiches for Historic St. John's Outreach Center, make "Blessing Bags" for the homeless, make Easter baskets for Father Luis' Spanish Apostolate, and send cards to the homebound and elderly in our parish. Any donations you would like to make toward any of these projects is appreciated.

#### Items needed for Easter baskets

Candy, small toys, (bubbles, kites, coloring



book and crayons, small cars, etc.) grass for the baskets. If you have any questions, please call Terri Panuccio at the parish office.

#### Items needed for Blessing Bags

(All can be found at Dollar Tee)

Toothpaste, toothbrush, shampoo/conditioner, deodorant, comb, hand sanitizer, ChapStick, antibacterial wipes, soap, bandages, baby wipes, hand warmers, socks, bottled water, juice box, granola bars, crackers, mints, gum, candy, peanuts.

**Deadline for all donations is March 24.**

### Register for March 23 Catholic Men's Conference

IGNITE 2024 Catholic Men's Conference is Saturday, March 23, at Bishop Ludden Junior-Senior High School in Syracuse.

The keynote speaker is Chris Stefanick. Other speakers include Jim Towey and Deacon Ralph Poyo. Bishop Douglas Lucia will start

the day with Holy Mass.

For information on the speakers, schedule for the day and to register, visit [www.ignite-catholicmen.org](http://www.ignite-catholicmen.org) or contact our parish captains Mario Scalzo at 315-381-3132 or John Reale Jr. at 315-765-0819.

## UPCOMING IN OUR PARISH

### Sunday, March 10

- **K-6 Faith Formation:** 9:45 to 10:45 a.m.
- **Greater Utica Teen Formation:** 12:30 to 1:45 p.m., Scalabrini Center and Notre Dame.
- **Mount Carmel Society:** Meeting at 9:30 a.m. in the gym. Mass at 11 a.m.

### Monday, March 11

- **First Communion class, parent meeting:** 6 p.m.

### Friday, March 15

- **Stations of the Cross:** 12:15 p.m. at Mount Carmel / Blessed Sacrament.

### Saturday, March 16

- **St. Anne Society:** Meeting at 1 p.m. in the Salerno Room. Guest speak is Mike Zasa. All are welcome.

### Sunday, March 17

- **K-6 Faith Formation:** 9:45 to 10:45 a.m.
- **Greater Utica Teen Formation:** 12:30 to 1:45 p.m., Scalabrini Center and Notre Dame.

### Friday, March 22

- **Stations of the Cross:** 12:15 p.m. at Mount Carmel / Blessed Sacrament.

### Sunday, March 24

- **K-6 Faith Formation:** 9:45 to 10:45 a.m.

## HOLY WEEK, EASTER SERVICES

### Holy Thursday

- **March 28:** 7 p.m. Mass of the Lord's Last Supper followed by a musical meditation at Mount Carmel / Blessed Sacrament.

### Good Friday

- **March 29:** 3 p.m. Liturgical celebration of the Lord's Passion at St. Anthony and St. Agnes Parish.

### Easter Vigil

- **March 30:** 8 p.m. at Mount Carmel / Blessed Sacrament.

### Easter Sunday

- **March 31:** 8 and 11 a.m. at Mount Carmel / Blessed Sacrament.

## THIS WEEK'S PRAYER REMEMBRANCES

### LIVING

- For a special intention
- Children — mom

### DECEASED

- Holy souls in purgatory
- Jan Amici — Lucy and Vinny Chapman
- William Appler — Marie Mastro
- Howard Bender — Fran and Kathy Peritano
- Anne Berner — Norm Peek
- Cecile Carmen — Joe, Annette and Chris Giruzzi
- Frank Carzo — daughter MaryAnn and family
- Angelo DiGiorgio — family
- Daniel Durante — family
- Joseph C. Elacqua — family
- Shirley Gay — Joe and Madeline Briggs
- Jackie Grande — sister Tessie
- Jacqueline D. Grande — Delitto Family
- Joseph Inserra — Barbara Inserra and family
- Peter Laterza — Mary Teti and family
- Lucille "Lucy" LaVine — Camille Barrett, Dawn and Randy Butler, Fay Ciancaglini, Rosanne George, Terri and Nick Panuccio, Theresa Suppa, Bev Franz
- Domizio Malara — will
- James Martin Jr. — sister Marylou Martin
- Ida and Josephine Manze — David Struz
- Ida M. and Josephine D. Manze and family — will
- Manze and Motto Families — will
- Anthony D. Meola III — mom, dad and family
- Lynda Ann Perritano Padula — Jamie and Vaughn Valenzi and Vito
- Mary Leandro Parker — Vicki



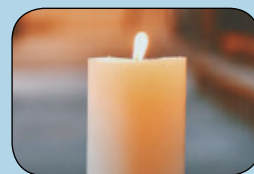
### Prayer Remembrance policy

Prayer Remembrances must be submitted two weeks in advance of the desired publication date. Those received this week-end will reach the parish office in time to be placed in the bulletin two weeks from now. You must use ONE envelope for each Mass intention. A minimum donation of \$5 per intention is requested. To ensure that all your intentions are listed as requested, please do not write multiple intentions on one envelope as often-times names are inadvertently omitted.

### Prayer line

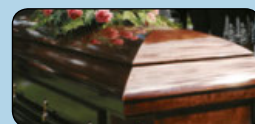
If you have an intention that you would like parishioners to pray for, call Rosemarie Chiffy at 315-735-6832. She and members of prayer line will pray for you.

- Joseph Piccoli — Theresa Suppa
- Beverly Robinson — David Struz
- Lorraine "Laurie" Siniscarco — Joe and Madeline Briggs, Fred and Anne Bruzzese, Delitto Family, Tom and Roseanne Gerace, Mary Teti, Connie Watkins, Mount Carmel Society
- Matthew Spiridigloizzi — mom and dad
- Stan and Mary Struz — family



### Memorials

- The St. Marianne Cope candle is lit for a **special intention** by Barb Zumpano.
- The St. Joseph Candle is lit in memory of **Christopher Usyk** by mom and dad.



### Funerals

- **Gelsomina G. Cerminaro**
- **Peter R. Maneen**
- **Olivia Rose Sacco**

### Thank you ...

- To all those who attended or contributed to our annual Lenten Luncheon. More than \$1,000 was raised for Abraham House.
- Frank Suppa III — Vicki
- Laurretta Taurisano — Dr. and Mrs. Fred Talarico
- Anthony and Erminia Trino — daughter Edye
- William Tuttle — Joe and Madeline Briggs

### St. Joseph's Table

The St. Rosalia Society will be sponsoring a St. Joseph's Table after the 11 a.m. Mass on Sunday, March 17. There is no charge, but donations are encouraged as all proceeds will be donated to charity. Reservations are required. Fill out the form and place it in the collection basket. For information, call Jimmy Delitto at 315-796-6511.



**Congrega Di Santa Rosalia**  
**St. Joseph's Table**  
**Sunday, March 17<sup>th</sup> ~ 12 Noon**  
**St. Mary of Mt. Carmel Church Gymnasium**

Name: \_\_\_\_\_

Telephone #: \_\_\_\_\_ #: \_\_\_\_\_

*Contributions not required but gladly accepted!*

*Please drop reservation in collection basket or Parish Office*



### St. Anthony's offers Lenten fish fries

St. Anthony and St. Agnes Parish at 415 St. Anthony St. will offer Lenten fish fries from 4 to 7 p.m. each Friday through March 29. Eat in or take out. You have a choice of fried or baked haddock, shrimp, or shrimp and fish combo. Prices range from \$16 to \$20. All dinners include coleslaw, dinner roll, choice of potato and condiments. To order or reserve your spot, call 315-794-3153 after 3 p.m. Fridays.

### Novena to St. Anthony

The 13 Tuesdays Novena to St. Anthony of Padua will begin at 6 p.m. Tuesday, March 19.



## THIS WEEK'S SAINT: DOMINIC SAVIO

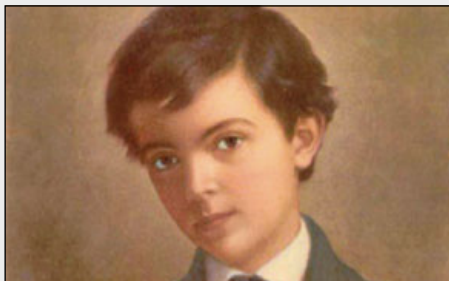
### FEAST DAY MARCH 9

So many holy persons seem to die young. Among them was Dominic Savio, the patron of choirboys.

Born into a peasant family at Riva, Italy, young Dominic joined St. John Bosco as a student at the Oratory in Turin at the age of 12. He impressed Bosco with his desire to be a priest and to help him in his work with neglected boys.

A peacemaker and an organizer, young Dominic founded a group he called the Company of the Immaculate Conception which, besides being devotional, aided Bosco with the boys and with manual work. All the members save one, Dominic, would, in 1859, join Bosco in the beginnings of his Salesian congregation. By that time, Dominic had been called home to heaven.

As a youth, Dominic spent hours rapt in prayer. His raptures he called "my distractions." Even in play, he said that at times, "It seems heaven is opening just above me. I am afraid I may say or do something that will make the other boys laugh." Dom-



inic would say, "I can't do big things. But I want all I do, even the smallest thing, to be for the greater glory of God."

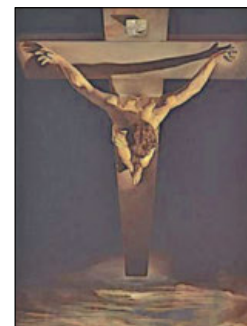
Dominic's health, always frail, led to lung problems and he was sent home to recuperate. As was the custom of the day, he was bled in the thought that this would help, but it only worsened his condition. He died on March 9, 1857, after receiving the Last Sacraments. St. John Bosco himself wrote the account of his life.

Some thought that Dominic was too young to be considered a saint. St. Pius X declared that just the opposite was true, and went ahead with his cause. Dominic was canonized in 1954.

### Lenten Covenant Prayer

*O God, you lead us away from loneliness and darkness, from our deserts and places of captivity where we have wandered aimless, afraid, tempted; where we have seen evil arise, times of darkness and depression; when serpents poisoned our minds and brought us death.*

*Moses lifted the seraph serpent for your people. Jesus brought light to Nicodemus during the night and was raised to the cross for our sins. Freedom! How much you love us! You do not condemn us. You save us. Inspire our faith, shape us to fully embrace your love and commitment to us. Amen*



"Christ of St. John of the Cross"  
(Salvador Dali, 1951)



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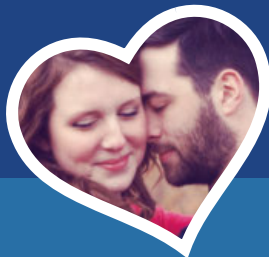
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